

WINDWORD

The Newsletter of the Footloose Sailing Association

Leave your disability at the dock



The Loose Screw Award



Brewer’s Dictionary of Phrase and Fable includes the following entries;

He has a screw loose. He is not quite “all there”, “he’s a little touched” or mad. His mind, like a piece of machinery, is in need of adjustment.

There’s a screw loose somewhere. All is not quite right, there’s something amiss. A figurative phrase from machinery, where one screw not tightened up may be the cause of disaster.

Footloose lovingly and respectfully awards the Loose Screw Award annually to people that have contributed so much to Footloose that they must have a screw loose. The award for 2019 was given to Nancy McCraney and Sue Stow. Nancy has volunteered for Footloose since 2007 and has been on the Board since 2017. Sue has been volunteering since 2008 and supporting the Wind Word editor since 1979. Footloose thanks you for your continuing support.

Footloose

2020

Sailing Schedule

The 2020 Sailing Schedule has been pushed back, due to the Covid 19 outbreak.

A new schedule will be issued once things settle down.

Many of our sailors have underlying health issues and we must do all we can to protect them.



Footloose is an all volunteer 501(c)(3) organization funded entirely by donations.

The Footloose Board

We are happy to announce that there have been some changes and additions to the Board since the Fall 2019 Wind Word was published. The members of the board are now as follows:

- Bob Ewing – President
- Ken McKenzie – Vice-President
- Susan Arrieta – Treasurer
- Rowly Stow – Secretary
- Members at Large
 - Nancy McCraney
 - Ben Logaugh
 - Keith Seiler
 - Tom Moberg

The Footloose Annual Meeting was held during the Potluck and the 2020 Board was approved.



Footloose Paraphernalia – The following items will soon be available on line. More to come.



Our Next Boat?

Footloose, with Rotary's continuing support, has sufficient funds to buy a replacement for Eoghan, our 50-year old Columbia. A Harbor 20 similar to the one shown below, as well as another Catalina Capri 22 (like Inspiration), are being currently being considered.



At The Tiller

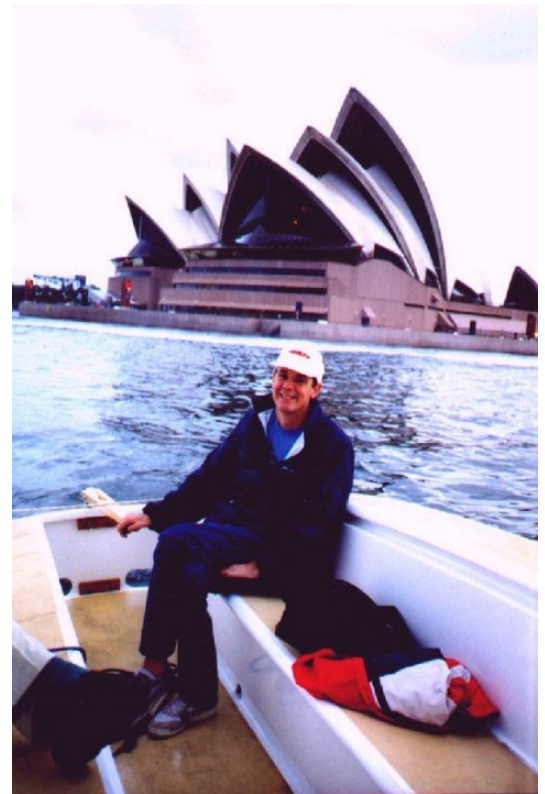
Ahoy sailors! We had a great 2019 season with the Blake Island overnight and 10 daysails out of north Leschi on Lake Washington. The setup and shutdown days went smoothly as all the Footloose equipment comes out of hiding for the season, then disappears again for the winter. We had the annual mid-winter party this year on January 25 at the Mercer Island Emmanuel Episcopal Church with great food, lots of camaraderie and about 40 people attending. The annual Loose Screw award went to Sue Stow and Nancy McCraney for their volunteer work, fundraising efforts and promotion of Footloose.

We are in strange times right now and for obvious reasons are holding off the beginnings of the Footloose season both setup and sailing days. I am really needing a warm sunny day sailing on the lake and looking out the window right now at the end of March it's raining and hailing. Add that to the isolation from the virus and it will be doubly sweet when we can all get together out on the water with a warm breeze in our hair and sunshine on our face.

If we are safe to sail by the end of May, our opening day will be May 30. If it gets pushed into June, our opening day will be June 13. Blake Island is set for July 22, 23, 24. But, that's all tentative right now and we can hope that the virus is over sooner than later.

Please consider supporting Footloose because it's this generosity that makes Footloose possible. A big THANK YOU goes out to our volunteers, donors and businesses that help Footloose because without them Footloose wouldn't exist.

You can keep up with Footloose on our facebook page or at our website footloosedisabledsailing.org.



Captain Bob - 2008

fair winds,
Captain Bob

Faron, John and the sip-n-puff



Addition to the Footloose Registration Form

This year a fourth sheet has been added to the Registration Form. The sheet outlines the behavior expectations of members of Footloose. The details of the form are shown below. You will be asked to read and sign this form when you register for the 2020 season. Please contact a Board Member if you have any questions or comments.

Footloose Board, Volunteer and Participant Behavior Expectations:

All shall conduct themselves in a manner supporting the Footloose mission statement, safety policies and operation procedures.

Footloose is an all-volunteer organization. Please act with the highest volunteer ideals.

All are encouraged to learn as much as possible about disability, sailing and Footloose operations and equipment. This helps to improve safety, avoid injury and prevent damage. Not permitted at Footloose activities and events are:

Alcohol, drugs (prescribed medicines exempted)

Chemically impaired behavior

Sexual harassment, lewdness or unwanted advances

Firearms (exemption ; must have concealed weapons permit or are law enforcement personnel)

Angry, argumentative, belligerent or violent behavior

Political statement or campaigning

Religious proselytizing or discussion

Non-Footloose related solicitation unless approved by the Footloose board

Failure to meet the above expectations can result in:

Being asked to leave the premises

Losing Footloose membership

Being asked to leave the organization and activities

911 call

Legal involvement

Redress is available with the Footloose board through normal meetings or special action.

Participant Behavior Standards:

Volunteers will make every attempt to accommodate the aspects of individuals disabilities.

However, they are not prepared or trained to handle significant behavioral issues (for example, violent behavior).

Participant Personal Needs:

Volunteers are not prepared or trained to handle significant personal care needs (for example restroom needs).

Individuals requiring extra support for restroom and other personal care needs must provide their own caregiver.

Also, volunteers will not dispense medications to participants.

Liability Issues:

Refusal or failure to fully fill out and sign the registration / liability form on a yearly basis by volunteers or participants will result in that person being told that they cannot participate in Footloose events and revocation of membership.

By signing this document, I agree to abide by the policies and expectations as stated above.

Signature _____ Date: ___/___/___



Until fair winds blow again we offer these virtual sailing experiences.

Experience I – Martin sailing

Experience II – Sail with Captain Bob and the Crew

FOR MORE INFORMATION ABOUT FOOTLOOSE

Web site – footloosedisablesailing.org

Email – info@footloosedisablesailing.org

Like us on Facebook – Footloose Sailing Association.

Please forward this Newsletter to anyone you know that may be interested in sailing or volunteering with, or donating to, Footloose.

Trailer For Sale



Footloose is selling the trailer shown above. The deck is 8' wide and 12' 11" feet long. It will be have a new wood deck. The asking price is \$1,200. Please contact us if you are interested in it.

There will be better days.

Then the two animals stood and regarded each other cautiously. 'Hullo, Mole!' said the Water Rat. 'Hullo, Rat!' said the Mole. 'Would you like to come over?' inquired the Rat presently. 'Oh, it's all very well to talk,' said the Mole, rather pettishly, he being new to a river and riverside life and its ways.

The Rat said nothing, but stooped and unfastened a rope and hauled on it; then lightly stepped into a little boat which the Mole had not observed. It was painted blue outside and white within, and was just the size for two animals; and the Mole's whole heart went out to it at once, even though he did not yet fully understand its uses.

The Rat sculled smartly across and made fast. Then he held up his fore-paw as the Mole stepped gingerly down. 'Lean on that!' he said. 'Now then, step lively!' and the Mole to his surprise and rapture found himself actually seated in the stern of a real boat.

'This is a wonderful day!' said he, as the Rat shoved off and took to the sculls again. 'Do you know, I've never been in a boat before in all my life.'

'What?' cried the Rat, open-mouthed. 'Never been in a-you never-well, I-what have you been doing, then?'

'Is it so nice as all that?' asked the Mole shyly, though he was quite prepared to believe it as he leant back in his seat and surveyed the cushions, the oars, the rowlocks, and the all the fascinating fittings, and felt the boat sway lightly under him.

*'Nice? It's the *only* thing,' said the Water Rat solemnly, as he leant forward for his stroke. 'Believe me, my young friend, there is *nothing-absolutely nothing-half* so much worth doing as simply messing about in boats. *Simply messing,*' he went on dreamily: '*messing-about-in-boats; messing—*'*

The Wind in the Willows