

# WindWord

The Newsletter of the Footloose Sailing Association

Leave your disability at the dock

SLOOP TAVERN YACHT CLUB  
BENEFIT RACE  
In Memory of Carol Pearl  
EST. 1980  
**BLAKELY  
ROCK**  
SEATTLE  
Washington  
April 13, 2024 47.5945°N, 122.4801°W  
BENEFITTING FOOTLOOSE SAILING

Courtesy Sloop Tavern Yacht Club

The Sloop Tavern Yacht Club, for the second year in a row, raised funds for Footloose through their annual Blakely Rock race. Again, over \$14,000 was donated by the sailors, sponsors and other kind individuals. Footloose is extremely grateful for this very significant contribution to our program.

## Upcoming Events

June 29  
Sail Day

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July 13  
Sail Day and  
Leschi BBQ

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July 21 -23  
Blake Island

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August 10  
Sail Day



*Footloose is an all-volunteer 501(c)(3) organization funded entirely by donations.*

## At The Tiller Summer 2024



Ahoy Footloose sailors!

The start of our season has been the wettest and coldest that I can remember. Hopefully that weather has moved on and now we can look forward to some great summer sailing.! We have acquired a second davit to use at the south end of the marina to get the events to flow better. Our June 1st event was done in partnership with the Here and Now Project. Its mission is to connect and empower the paralysis community. For those who know Kenny, we finally got him out in a sailboat! Thank you Here and Now for your support and participation.

<https://www.hereandnowproject.org>

Our July 13th event will have the first, noon sail only. In lieu of the second sail Marina Management is sponsoring a Bar-be-que to introduce other boaters from Lakewood, North and South Leschi marinas to Footloose and disabled sailing.

The Blake Island event will be July 21,22,23. Right now (late June) we are finding boats to help take people to Blake. Then we'll know how many can go to Blake. So, If you know a boat owner who could help let us know at [info@footloosedisabledsailing.org](mailto:info@footloosedisabledsailing.org) and use the same email if you would like to go as a

## Blakely Rock Benefit Race Sponsors

- Emmanuel Church Mercer Island
- CSR Marine
- Northwest Marine Trade Association
- Friends of Footloose
- Fisheries Supply
- Seattle Area Mini Owners Association
- Seaview Boatyard & Yacht Service
- Ken McKenzie
- Leschi & Lakewood Marina
- studiopacifica

Thank-you Sponsors and everyone else that contributed this year.



There will be two sailing events in August and two in September. Make sure that you show up with enough time to get you on the boat for the designated sail time. If you use the reservation system on the website, prepay through the paypal button and bring the registration-liability forms with you to the event, things move faster to get you out on the water! New participants contact Footloose through e-mail [info@footloosedisabledsailing.org](mailto:info@footloosedisabledsailing.org) to discuss needs and boats, to pick a day and a boat, make a reservation and prepay through PayPal. Volunteers will also need to bring the forms from the Footloose website to the event. You only have to do the forms once a year.

**IF YOU DON'T FILL OUT THE FOOTLOOSE REGISTRATION-LIABILITY FORMS YOU ARE NOT COVERED BY THE FOOTLOOSE INSURANCE!**

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# At The Tiller Summer 2024 (continued)

Footloose has ongoing efforts by volunteers in meetings, fund raising, administration, outreach, paperwork, accounting, maintenance, newsletter, trailer and boat sales. A big thank-you to the Footloose Volunteers as well as all the businesses and organizations that support us!

You can keep up with Footloose on our facebook page:

<https://www.facebook.com/FootlooseSailingAssociation/>

or at our website:

[footloosedisabledsailing.org](http://footloosedisabledsailing.org).

fair winds, Captain Bob

## Correction

The Spring Wind Word incorrectly reported Kat started with Footloose in 2019 and served one year on the Board. She actually started with us in 2017 and served on the Board from 2020 through 2022. My apologies.

### FOR SALE



Capri 16.5 with trailer - \$1,200  
Contact Footloose



Kenny Salvini

Members of the *Here and Now Project* attended our June 1 sail day. Kenny Salvini, their Cofounder & President, went for his first sail ever in an Access dinghy. The wind was light but he did say he would try it again. More information about their organization can be found at [hereandnowproject.org](http://hereandnowproject.org).

### WEATHER FORECAST

SATURDAY JUNE 29

MOSTLY CLOUDY, HIGH NEAR 74  
NO RAIN, THUNDER, LIGHTENING OR HAIL

# The Season So Far



April 27 – setup day - Heavy rain stopped before the action at the Marina. While the big boats were being brought out of hibernation the Martins were being assembled, launched and sailed to their summer home.



May 4 – Lots of volunteers showed up but with cool temperatures and a light drizzle, a lesser attendance by sailors. Two of the big boats set sail, the dinghies stayed ashore.



May 18 – People showed up but the weather was miserable, as was the forecast, so no sailing



June 1 – finally some sailing. A light wind for the first sail but it filled in for the second round.

Date/Time	Temp. (°F)	Dew Point (°F)	Relative Humidity (%)	Wind Direction	Wind Speed (mph)
Jun 15, 12:25 pm	61	43	51	S	18G29
Jun 15, 12:20 pm	61	43	51	SSW	20G31
Jun 15, 12:15 pm	61	43	51	S	20G28
Jun 15, 12:10 pm	61	43	51	S	15
Jun 15, 12:05 pm	61	43	51	S	18G26
Jun 15, 12:00 pm	59	43	55	SSW	18G25

June 15 – with a forecast of rain, high winds and possible thunderstorms the event was cancelled on Friday.

# Tetra Watercraft

The University of Utah Rehabilitation research and development team has developed a hybrid sailboat that can be powered by a sail or by a motor. Based on a *Hobie Tandem Island* it uses a joystick and sip-and-puff system to control steering, the sail and the motor.

Dr. Rosenbluth and his team were kind enough to provide us with a demonstration of their craft at the Port Defiance Boat Launch. After showing how the systems worked, they took Ben and Bob out for trial sails. With the ama or outrigger retracted against the main hull, Bob was able to board the boat without much difficulty. Unfortunately there was little wind but they were able to see how the boat handled with the motor.

The Utah team has also designed the Tetraski, which uses a joystick or sip-and-puff to control the speed and direction of the skier. More information about both these Tetra devices and their other programs can be found at [tetradapt.us](http://tetradapt.us). And thanks to Kat for arranging this.



Cpt. Bob, U of W Prof, Dr. Rosenbluth



FOR SALE



Under electric power



Interlake with trailer - \$1,000  
Contact Footloose

# Footlose Facebook Page



*With thanks again to  
Daniel Houston*

**Please forward this Newsletter to anyone you know that may be interested in sailing or volunteering with, or donating to, Footlose.**